



## **Consent for Laser Hair Removal**

This consent is designed to give \_\_\_\_\_ the information needed to make an informed decision to undergo LightSheer™ Diode Laser treatment for hair removal. Although Laser Hair Removal is quite effective, you require a series of treatments to reach the desired level of improvement. The hair often becomes thinner and lighter after each treatment. Please read this form to be sure you understand it completely before making your decision.

### **What is Laser Hair Removal?**

A laser produces a beam of highly concentrated light. Different types of lasers produce different colors of light. The color of light produced by a particular laser is the key to its effect on hair follicles. The light emitted by the LightSheer™ Diode Laser is absorbed by the pigment located in the hair follicle. The laser pulses for a fraction of a second, just long enough to vaporize the pigment, disabling several follicles at a time to eliminate or significantly impede the hair's growth. During each visit you will be questioned thoroughly regarding your medical history. During each treatment session a laser light will be applied to the hair areas. These areas may be photographed before each treatment. You must wear protective eyeglasses during the treatment to protect your eyes from the intense light.

### **Risks and Complications**

Individual responses to treatment with the LightSheer™ Diode Laser may vary. Some people may feel minimal discomfort during treatment, but this is for a short duration. Although a topical or local anesthetic may be used to eliminate or reduce any discomfort, most people can tolerate the treatment without anesthetic. After treatment, the area may feel similar to mild sunburn and the use of Post Laser Lotion and Sun block is mandatory throughout your treatment course.

**Scarring:** Whenever there is any disruption of the skin surface a rare possibility exists of hypertrophy scars (enlarged scars), and keloid scars (abnormal, heavy raised scar formation) for those with a predisposition if post treatment instructions are not followed. To avoid the chance of scarring, it is important that you follow all instructions carefully.

**Blistering, scabbing:** Should this occur you must contact our office immediately so that we can advise you and document the occurrence.

### **Pigment or Color Changes**

Some patients have a predisposition to this type of reaction (darkening of skin) and may have experienced it with minor cuts or abrasions. To minimize the chances of skin darkening in the treated area, avoid sun tanning 3-4 weeks before and 1-2 weeks after treatment. In some darker skin colors, darkening of the skin may occur even though the area has been protected from the sun. The darkening usually fades away in 1-4 months on its own, although a topical bleaching agent would be prescribed for quicker results. Rarely, however, the dark area becomes permanent. In some patients, the treated area may become lighter in color than the surrounding

skin. This lightened area will gradually fade away and return to normal over a period of 1-4 months. Rarely, however, does lightening of the skin color becomes permanent.

### Sun Tanning/Artificial Tanning

No tanning (sun or artificial) 3-4 weeks prior and 1 week after your treatment. Sun block is required for everyday sun exposure and those times you may have direct tanning.

### Contraindications

Contraindications include pregnancy, accutane, epilepsy or those who have a history of seizures, diabetes (we do not treat below elbows or knees), chemo or radiation therapy, pacemaker, internal defibrillator, any internal metal device (surgical screws, pins, plates or implants) in the area to be treated, HIV positive (a letter of clearance is required), multiple sclerosis ( a letter of clearance with confirmation that the area to be treated is not numb), scleroderma, lupus, sarcoidosis, children under the age of 12, treatment over numbness of any body part, over moles or lesions of any kind, over tattoos, port wine stains, under the eyebrows, or any orifice. Use of photosensitive medications may cause increased skin sensitivity to LightSheer™ Diode Laser treatment.

### Eye Exposure

While there is a risk of inadvertent harmful eye exposure to laser treatments, safeguards have been provided including the use of protective eyewear during treatment. It is important that you keep the protective goggles on at all times during the treatment.

### Summary

Your consultant has explained the theory of the LightSheer™ Diode Laser, any risks, including possible complications and benefits. Alternative methods of removing excess or unwanted hair are shaving, waxing, plucking, coloring and electrolysis.

The minimum number of treatments for optimum results and our guarantee are 6 for skin types 1-3, and 12 for skin types 4-6. The consultant has also explained treatment protocols, laser safety and necessary precautions.

I have been given the opportunity to ask any questions and have received satisfactory answers.

I hereby authorize Advanced Laser Center to perform and assist in the LightSheer™ Diode Laser treatment. I certify that I am a competent adult of at least 18 years of age, or that if I am a minor under the age of 18, I understand that the consent of my parent/legal guardian will also be required before treatment. I agree to have photographs taken of me to document the progress of my treatments. I consent to the use of these photographs for quality control and educational purposes.

I certify that I have read this entire informed consent and that I understand and agree to the information provided in this form, and I have been given written Pre and Post Instructions, which I will adhere to regarding Laser Hair Removal. My signature acknowledges that I am informed.

**Patient Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Parent/Legal Guardian:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Witness Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_